



Cancer Workshop

YCare is a hands-on workshop that equips young caregivers with the skills, support, and community they need to thrive.

Young caregivers are at greater risk of anxiety, depression, and missing school—but it's not because they're doing something wrong. It's because no one has supported them in care tasks—until now.

CONDITION MODULES

- Basic care skills
- Understanding cancer
- Side effects of treatment
- Peer support
- Meet the doctor

"I learned more about caregiving, and I met other kids like me. It's good to know I am not alone."



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