



SUPPORTING CHILDREN AND YOUTH – ACROSS THE GLOBE, ACROSS NEUROLOGICAL DISORDERS

Educate, Advocate, and Support

WHO ARE YOUNG CARERS?

Children, youth and young adults who support a family member or friend who needs assistance due to illness, injury disability, mental health issues, or substance misuse. This care can involve practical tasks like cooking and cleaning, as well as personal care and emotional support; Including complex neurological conditions including ALS, Parkinson's disease, Alzheimer's disease and spinal cord injuries

COMMON CARE TASKS

- Keeping a person company
- Cleaning the home
- Cooking meals
- Grocery shopping

- Feeding the person
- Helping them dress
- Using communication devices
- Talking to doctors



On average, young carers of a person with ALS engage in **5 hours** of care tasks each day ⁽¹⁾



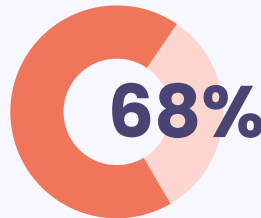
CULTURALLY RELEVANT SUPPORT

Meeting Young Carers Where They Are

While young carers share many common experiences, their needs, tools, and caregiving expectations differ. Language, food, family roles and more shape how care is provided and understood. Our training and materials are adapted to fit the unique realities of each community

71%

of youths said that providing care makes them feel good about themselves ⁽¹⁾



68%

OF YOUTH IDENTIFIED THE NEED FOR MORE INFORMATION TO HELP THEM THRIVE AS YOUNG CARERS ⁽¹⁾

No one I know understands what this does to me”

13 year old participant ⁽²⁾

50%

want to connect with other youth their age to share about their experience ⁽¹⁾



Join us in supporting young carers across the globe!



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globalneuroycare.org

1.Kavanaugh, MS., Cho, C., Howard, M., Fee, D and Barkhaus, P. (2020)
2.Kavanaugh, MS., Henning, E., and Mochan, A. (2020).