



NEWSLETTER



Creating and translating culturally friendly education and resources for children and youth in families living with neurological disorders.

Where is Dr. Kavanaugh

Buckle up as we follow Dr. K on her globe-trotting adventures, spreading the word about the amazing young caregivers out there and leading some epic training sessions!



March 6 - Youth Voices & Perspectives Webinar

Virtual

March 12, 2025 - Young Carer Action Day

University of Plymouth, Plymouth UK

June 5-6 - Strategies and Interventions to Strengthen Support for Family Caregiving and to Alleviate Caregiver Burden

Washington DC & Virtual

[Click here to learn more about these events!](#)

Research

We have an exciting opportunity to better understand the experience of children and youth who provided care to an active or veteran military member.

Through the University of Wisconsin-Milwaukee, and partnered with Wounded Warrior Project and the Elizabeth Dole Foundation to utilize results from this survey to provide better care for veteran family caregivers.

Learn More Here:
[Hidden Helpers Survey.](#)



Books & Graphic Novels

Global Neuro YCare hosts a series of books and graphic novels for children, youth, young adults and families. Our newest languages translations are Italian, Turkish, and Vietnamese.

[Check them out here!](#)



Family Resources



In partnership with Baragwanath Hospital in Soweto, Johannesburg, we adapted the YCare program for South Africa.

Participants learned:

- How to create communication boards
- Techniques for preparing foods with different textures to reduce choking hazards
- Essential information about ALS/MND, helping to dispel misconceptions
- The importance of connection and support within their community

The sessions started with tears but ended with smiles, hugs, and conversations about staying connected.

It is an honor to share our work with these incredible women and continue raising awareness for ALS/MND.



Through partnerships with the Wounded Warrior Project and the Elizabeth Dole Foundation, YCare has been adapted for youth in military and veteran families affected by spinal cord injuries (SCI) and traumatic brain injuries (TBI).

Eighteen young participants received guidance from professionals trained in the YCare model. They learned about SCI and TBI, basic caregiving skills, how to recognize and understand hyperarousal in PTSD, and strategies for managing connection and emotional well-being.

We are deeply grateful for these incredible partnerships, which allow us to continue expanding YCare and supporting young carers—our hidden helpers—across illness and injury.



**Support children and youth
Across the Globe, Across
Neurological Disorders**

Make a gift today!